



**WOMEN'S SHORT COURSE**

<b>EVENT</b>	<b>TIME</b>	<b>RECORD HOLDER</b>	<b>CLUB</b>	<b>DATE</b>	<b>VENUE</b>
50M FREESTYLE	24.8	SUSAN ROLPH	CITY OF NEWCASTLE	12.12.98	SHEFFIELD
100M FREESTYLE	53.26	SUSAN ROLPH	CITY OF NEWCASTLE	10.12.99	LISBON
200M FREESTYLE	1.56.72	JOANNE JACKSON	DURHAM UNIV AQUA	11.12.05	TRIESTE
400M FREESTYLE	4.01.12	JOANNE JACKSON	DURHAM UNIV AQUA	10.12.05	TRIESTE
800M FREESTYLE	8.15.50	JOANNE JACKSON	DERWENTSIDE	03.02.07	MIDDLESBROUGH
1500M FREESTYLE	16.56.74	CAROLINE SAXBY	WEAR VALLEY	08.04.01	DARLINGTON
50M BACKSTROKE	29.58	STEPHANIE PROUD	DURHAM UNIV AQUA	15.08.03	STOCKPORT
100M BACKSTROKE	1.00.85	STEPHANIE PROUD	DURHAM UNIV AQUA	14.08.03	STOCKPORT
200M BACKSTROKE	2.08.00	STEPHANIE PROUD	DURHAM UNIV AQUA	06.12.02	MELBOURNE
50M BREASTSTROKE	30.31	ZOE BAKER	CITY OF SHEFFIELD	27.01.02	BERLIN
100M BREASTSTROKE	1.08.63	ZOE BAKER	CITY OF SHEFFIELD	05.04.02	MOSCOW
200M BREASTSTROKE	2.28.24	LINDA HINDMARSH	CITY OF LEEDS	18.12.98	GLASGOW
50M BUTTERFLY	26.85	NICOLA JACKSON	DERWENTSIDE	17.3.00	ATHENS
100M BUTTERFLY	58.99	JEMMA LOWE	BO STOCKTON	12.05.07	MIDDLESBROUGH
200M BUTTERFLY	2.06.57	JEMMA LOWE	BO STOCKTON	13.05.07	MIDDLESBROUGH
100M INDIVIDUAL MEDLEY	1.01.26	SUSAN ROLPH	CITY OF NEWCASTLE	22.01.98	SYDNEY
200M INDIVIDUAL MEDLEY	2.10.60	SUSAN ROLPH	CITY OF NEWCASTLE	15.12.96	ROSTOCK
400M INDIVIDUAL MEDLEY	4.35.55	STEPHANIE PROUD	DURHAM UNIV AQUA	12.12.04	VIENNA

**JUNIOR WOMEN'S SHORT COURSE**

<b>EVENT</b>	<b>TIME</b>	<b>RECORD HOLDER</b>	<b>CLUB</b>	<b>DATE</b>	<b>VENUE</b>
50M FREESTYLE	25.83	NICOLA JACKSON	DERWENTSIDE	28.11.99	STOCKPORT
100M FREESTYLE	55.69	NICOLA JACKSON	DERWENTSIDE	27.11.99	STOCKPORT
200M FREESTYLE	1.59.13	NICOLA JACKSON	DERWENTSIDE	27.02.99	GELSENKIRCHEN
400M FREESTYLE	4.12.21	DANIELLE BERRY	DURHAM UNIV AQUA	13.12.03	DUBLIN
800M FREESTYLE	8.44.18	JESSICA THIELMANN	CITY OF NEWCASTLE	03.02.07	MIDDLESBROUGH
1500M FREESTYLE	16.35.83	JESSICA THIELMANN	CITY OF NEWCASTLE	26.04.07	LOUGHBOROUGH
50M BACKSTROKE	29.58	STEPHANIE PROUD	DURHAM UNIV AQUA	15.08.03	STOCKPORT
100M BACKSTROKE	1.00.85	STEPHANIE PROUD	DURHAM UNIV AQUA	14.08.03	STOCKPORT
200M BACKSTROKE	2.08.00	STEPHANIE PROUD	DURHAM UNIV AQUA	06.12.02	MELBOURNE
50M BREASTSTROKE	32.81	RACHAEL WILSON	DURHAM UNIV AQUA	27.08.04	MANCHESTER
100M BREASTSTROKE	1.10.35	RACHAEL WILSON	DURHAM UNIV AQUA	29.08.04	MANCHESTER
200M BREASTSTROKE	2.30.96	LINDA HINDMARSH	CITY OF LEEDS	19.11.95	LEICESTER
50M BUTTERFLY	27.12	NICOLA JACKSON	DERWENTSIDE	10.12.99	LISBON
100M BUTTERFLY	1.00.08	JEMMA LOWE	BO OF STOCKTON	11.12.05	SHANGHAI
200M BUTTERFLY	2.11.52	JESSICA DICKONS	BO OF STOCKTON	18.01.05	STOCKHOLM
100M INDIVIDUAL MEDLEY	1.04.30	CLAIRE WINDEATT	KINGSTON UPON HULL	17.06.01	PLYMOUTH
200M INDIVIDUAL MEDLEY	2.15.50	SUSAN ROLPH	CITY OF NEWCASTLE	22.03.94	SHEFFIELD
400M INDIVIDUAL MEDLEY	4.43.66	AIMEE WILLMOTT	MIDDLESBROUGH	04.11.07	MIDDLESBROUGH

**MEN'S                      LONG COURSE**

<b>EVENT</b>	<b>TIME</b>	<b>RECORD HOLDER</b>		<b>DATE</b>	<b>VENUE</b>
50M FREESTYLE	22.92	NEIL METCALF	CITY OF LEEDS	24.05.92	SHEFFIELD
100M FREESTYLE	50.04	GAVIN MEADOWS	CITY OF LEEDS	28.07.99	ISTANBUL
200M FREESTYLE	1.49.44	GAVIN MEADOWS	CITY OF LEEDS	07.04.04	SHEFFIELD
400M FREESTYLE	3.50.01	KEVIN BOYD	B.O.SOUTH TYNESIDE	23.09.88	SEOUL
800M FREESTYLE	8.00.63	IAN WILSON	B.O.SUNDERLAND	25.08.91	ATHENS
1500M FREESTYLE	15.03.72	IAN WILSON	B.O.SUNDERLAND	25.08.91	ATHENS
50M BACKSTROKE	27.47	ALAN RAPLEY	CITY OF SHEFFIELD	24.02.95	LEEDS
100M BACKSTROKE	56.21	JAMES HICKMAN	CITY OF LEEDS	11.07.99	SHEFFIELD
200M BACKSTROKE	2.02.25	JAMES HICKMAN	CITY OF LEEDS	21.03.03	SHEFFIELD
50M BREASTSTROKE	27.91	CHRIS COOK	CITY OF NEWCASTLE	26.07.05	MONTREAL
100M BREASTSTROKE	1.00.64	CHRIS COOK	CITY OF NEWCASTLE	24.07.05	MONTREAL
200M BREASTSTROKE	2.12.67	CHRIS COOK	CITY OF NEWCASTLE	27.03.04	SHEFFIELD
50M BUTTERFLY	24.72	JAMES HICKMAN	CITY OF LEEDS	12.05.02	MANCHESTER
100M BUTTERFLY	52.87	JAMES HICKMAN	CITY OF LEEDS	10.07.99	SHEFFIELD
200M BUTTERFLY	1.57.11	JAMES HICKMAN	CITY OF LEEDS	16.09.98	KUALA LUMPUR
200M INDIVIDUAL MEDLEY	2.01.87	JAMES HICKMAN	CITY OF LEEDS	17.09.98	KUALA LUMPUR
400M INDIVIDUAL MEDLEY	4.20.17	JAMES HICKMAN	CITY OF LEEDS	13.09.98	KUALA LUMPUR

**JUNIOR MEN'S                      LONG COURSE**

<b>EVENT</b>	<b>TIME</b>	<b>RECORD HOLDER</b>		<b>DATE</b>	<b>VENUE</b>
50M FREESTYLE	24.47	VALENTIN KOKORIN	CITY OF NEWCASTLE	30.03.07	MANCHESTER
100M FREESTYLE	53.68	DAVID WASLIN	KINGSTON UPON HULL	19.03.03	SHEFFIELD
200M FREESTYLE	1.55.89	MARTIN WEBSTER	CITY OF LEEDS	03.08.01	SHEFFIELD
400M FREESTYLE	4.03.64	GAVIN MEADOWS	CITY OF LEEDS	11.06.93	SHEFFIELD
800M FREESTYLE	8.24.63	CHRIS ALDERTON	DURHAM UNIV AQUA	12.08.02	SHEFFIELD
1500M FREESTYLE	15.50.65	CHRIS ALDERTON	DURHAM UNIV AQUA	20.03.03	SHEFFIELD
50M BACKSTROKE	28.11	MATTHEW O'BRIEN	CITY OF LEEDS	01.05.99	SHEFFIELD
100M BACKSTROKE	58.26	MATTHEW O'BRIEN	CITY OF LEEDS	30.05.99	SHEFFIELD
200M BACKSTROKE	2.07.06	MATTHEW O'BRIEN	CITY OF LEEDS	29.05.99	SHEFFIELD
50M BREASTSTROKE	30.30	MAX PARTRIDGE	CITY OF SHEFFIELD	08.08.05	SHEFFIELD
100M BREASTSTROKE	1.03.92	MAX PARTRIDGE	CITY OF SHEFFIELD	07.08.05	SHEFFIELD
200M BREASTSTROKE	2.20.69	MAX PARTRIDGE	CITY OF SHEFFIELD	04.08.05	SHEFFIELD
50M BUTTERFLY	26.65	CRAIG GRANGER	MIDDLESBROUGH	01.08.01	SHEFFIELD
100M BUTTERFLY	57.25	PETER THOMPSON	MIDDLESBROUGH	08.04.06	SHEFFIELD
200M BUTTERFLY	2.02.67	PETER THOMPSON	MIDDLESBROUGH	06.04.06	SHEFFIELD
200M INDIVIDUAL MEDLEY	2.09.64	DARREN WIGG	CITY OF NEWCASTLE	27.05.96	SHEFFIELD
400M INDIVIDUAL MEDLEY	4.36.72	MATTHEW ALLISON	BO OF STOCKTON	31.03.07	MANCHESTER

**WOMEN'S LONG COURSE**

<b>EVENT</b>	<b>TIME</b>	<b>RECORD HOLDER</b>	<b>CLUB</b>	<b>DATE</b>	<b>VENUE</b>
50M FREESTYLE	25.48	SUSAN ROLPH	CITY OF NEWCASTLE	21.05.00	MONACO
100M FREESTYLE	55.03	SUSAN ROLPH	CITY OF NEWCASTLE	28.07.99	ISTANBUL
200M FREESTYLE	1.59.12	JOANNE JACKSON	DERWENTSIDE	18.03.06	MELBOURNE
400M FREESTYLE	4.07.42	JOANNE JACKSON	DERWENTSIDE	25.03.07	MELBOURNE
800M FREESTYLE	8.30.32	JOANNE JACKSON	DERWENTSIDE	29.07.07	SHEFFIELD
1500M FREESTYLE	16.46.38	CAROLINE SAXBY	DURHAM UNIV AQUA	08.12.01	BATH
50M BACKSTROKE	30.10	HOLLIE O'CONNOR	KINGSTON UPON HULL	17.07.04	LISBON
100M BACKSTROKE	1.02.69	STEPHANIE PROUD	DURHAM UNIV AQUA	01.08.03	GLASGOW
200M BACKSTROKE	2.11.85	STEPHANIE PROUD	DURHAM UNIV AQUA	18.07.04	LISBON
50M BREASTSTROKE	30.57	ZOE BAKER	CITY OF SHEFFIELD	30.07.02	MANCHESTER
100M BREASTSTROKE	1.10.92	RACHAEL WILSON	DURHAM UNIV AQUA	18.07.04	LISBON
200M BREASTSTROKE	2.30.14	LINDA HINDMARSH	CITY OF LEEDS	11.07.98	SHEFFIELD
50M BUTTERFLY	27.32	CAROLINE FOOT	KINGSTON UPON HULL	26.05.00	SHEFFIELD
100M BUTTERFLY	59.78	JEMMA LOWE	BO OF STOCKTON	30.03.07	MANCHESTER
200M BUTTERFLY	2.09.85	JESSICA DICKONS	BO OF STOCKTON	09.04.06	SHEFFIELD
200M INDIVIDUAL MEDLEY	2.14.62	SUSAN ROLPH	CITY OF NEWCASTLE	11.07.99	SHEFFIELD
400M INDIVIDUAL MEDLEY	4.47.62	JESSICA DICKONS	BO OF STOCKTON	04.04.06	SHEFFIELD

**JUNIOR WOMEN'S LONG COURSE**

<b>EVENT</b>	<b>TIME</b>	<b>RECORD HOLDER</b>	<b>CLUB</b>	<b>DATE</b>	<b>VENUE</b>
50M FREESTYLE	26.65	SUSAN ROLPH	CITY OF NEWCASTLE	01.05.94	CARDIFF
100M FREESTYLE	57.17	NICOLA JACKSON	DERWENTSIDE	09.06.99	CANET
200M FREESTYLE	2.01.72	NICOLA JACKSON	DERWENTSIDE	01.05.99	SHEFFIELD
400M FREESTYLE	4.18.57	JOANNE JACKSON	DURHAM UNIV AQUA	11.08.02	SHEFFIELD
800M FREESTYLE	8.49.45	JESSICA THIELMANN	CITY OF NEWCASTLE	20.12.07	BRISBANE
1500M FREESTYLE	16.54.64	JESSICA THIELMANN	CITY OF NEWCASTLE	28.06.07	GLASGOW
50M BACKSTROKE	30.10	HOLLIE O'CONNOR	KINGSTON UPON HULL	17.07.04	LISBON
100M BACKSTROKE	1.02.69	STEPHANIE PROUD	DURHAM UNIV AQUA	01.08.03	GLASGOW
200M BACKSTROKE	2.11.85	STEPHANIE PROUD	DURHAM UNIV AQUA	18.07.04	LISBON
50M BREASTSTROKE	33.09	RACHAEL WILSON	DURHAM UNIV AQUA	17.07.04	LISBON
100M BREASTSTROKE	1.10.92	RACHAEL WILSON	DURHAM UNIV AQUA	18.07.04	LISBON
200M BREASTSTROKE	2.33.27	LINDA HINDMARSH	CITY OF LEEDS	01.08.95	LEEDS
50M BUTTERFLY	27.67	NICOLA JACKSON	DERWENTSIDE	17.12.99	SHEFFIELD
100M BUTTERFLY	1.00.23	JEMMA LOWE	BO OF STOCKTON	18.03.06	MELBOURNE
200M BUTTERFLY	2.09.85	JESSICA DICKONS	BO OF STOCKTON	09.04.06	SHEFFIELD
200M INDIVIDUAL MEDLEY	2.17.64	SUSAN ROLPH	CITY OF NEWCASTLE	30.04.94	CARDIFF
400M INDIVIDUAL MEDLEY	4.47.62	JESSICA DICKONS	BO OF STOCKTON	04.04.06	SHEFFIELD