



**The ASANER Youth  
Championships (50m)  
Sunderland Aquatics Centre  
2-3 May 2009  
Important Information**



### **How to get to....**

Sunderland Aquatic Centre is located on the north bank of the river Wear adjacent to the Stadium of Light. It is accessible by car and linked to all major transport routes.

#### **By car (A19 from North and South)**

Take the A1231 (Sunderland North) turn off. After four roundabouts keep to the left hand lane and follow signs for the Stadium of Light. Continue on this road and you will see the on your right the Sunderland Aquatic Centre, SR5 1SU

#### **Sunday 3 May**

Please note that on the Sunday because of a Sunderland football match there will be no car parking in the vicinity of the pool. As a security measure all unauthorised parking will be dealt with by Northumbria Police. To avoid any problems please do not park your car in the vicinity of the pool.

#### **Swimmer Drop-off Facility**

Up to 13:00hrs it will be possible to drive to the Aquatic Centre entrance to drop-off swimmers and spectators but cars will not be permitted to park.

#### **Parking**

##### **Sunnyside Car Park**

William Street, Sunderland SR1 1UL

Open 24 hours

80p per hour 8am - 6pm

40p per hour 6pm - 8am

##### **St. Marys Car Park**

St Marys Way, Sunderland SR13AH

Opening hours: 8am till 11.30pm

£1.10 per hour 8am - 6pm

50p per hour 6pm - 11.30pm

Both car parks are approximately a 15min walk from Sunderland Aquatic Centre.

Free car parking is also available at the Stadium of Light Metro Station this parking is FREE all day

Alternatively Sunderland AFC operates a park and ride scheme on match days which is free. The scheme runs from the Sunderland Enterprise Park on Wessington Way (A1231) which is easily accessible from the A19 and is clearly signposted 'Park and Ride'. Sunderland Aquatic Centre users are welcome to use this service.

#### **Sunday 3 May**

There are parking restrictions at the Aquatic Centre. Please use alternative car parking



## More information

**Nexus:** 0191 203 3333  
[www.nexus.org.uk](http://www.nexus.org.uk)

**Online Journey Planner:**  
[www.transportdirect.info](http://www.transportdirect.info)

**National Rail:** 08457 484 950  
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Go North East:** 0845 60 60 260  
[www.simplygo.com](http://www.simplygo.com)

**Stagecoach:** 0191 567 5251  
[www.stagecoachbus.com/sunderland](http://www.stagecoachbus.com/sunderland)

**SAFC events**  
[www.safc.com](http://www.safc.com)

**Hotel accommodation:** 0191 553 2000  
[www.visitsunderland.com](http://www.visitsunderland.com)

Sunderland Aquatic Centre, Sunderland SR5 1SU

Tel: 0191 561 6161

[www.sunderland.gov.uk/aquaticcentre](http://www.sunderland.gov.uk/aquaticcentre)