



**British Gas ASANER BAGCAT Championships (50m) 2010  
Ponds Forge Sheffield 5-6 & 12-13 June 2010**

<b>Session 1 Saturday 5 June @ 09:00</b>			<b>Session 3 Sunday 6 June @ 09:00</b>			<b>Session 5 Saturday 12 June @ 09:00</b>			<b>Session 7 Sunday 13 June @ 09:00</b>		
Boys	1500m	Freestyle HDW	Girls	800m	Freestyle HDW	Boys	800m	Freestyle HDW	Girls	1500m	Freestyle HDW
Girls	400m	Ind.Medley	Boys	400m	Ind.Medley	Girls	400m	Freestyle	Boys	400m	Freestyle
Boys	200m	Butterfly	Girls	200m	Butterfly	Boys	100m	Freestyle	Girls	100m	Freestyle
Girls	100m	Backstroke	Boys	100m	Backstroke	Girls	100m	Butterfly	Boys	100m	Butterfly
Boys	100m	Breaststroke	Girls	100m	Breaststroke	Boys	200m	Backstroke	Girls	200m	Backstroke
Girls	200m	Freestyle	Boys	200m	Freestyle	Girls	200m	Breaststroke	Boys	200m	Breaststroke
Boys 11-14 4x200m Freestyle Team HDW			Girls 11-13 4x200m Freestyle Team HDW			Boys 200m Ind.Medley			Girls 200m Ind.Medley		
<b>Session 2 Saturday 5 June @ TBC</b>			<b>Session 4 Sunday 6 June @ TBC</b>			<b>Session 6 Saturday 12 June @ TBC</b>			<b>Session 8 Sunday 13 June @ TBC</b>		
Boys 11-14 4x100m Freestyle Team HDW			Girls 11-13 4x100m Freestyle Team HDW			Girls 11-13 4x100m Medley Team HDW			Boys 11-14 4x100m Medley Team HDW		
Finals of above events			Finals of above events			Finals of above events			Finals of above events		

**Team Events are the ASANER Qualification for the ASA BAGCAT Championships**

**Entry Closing Date: 20 May 2010**

**ASANER Championships,**

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**British Gas ASANER Championships 2010: 50m Qualifying Times**  
**Youth & Senior Age Championships: 1- 2 May at Sunderland Aquatic Centre**  
**BAGCAT Championships: 5 – 6 & 12 – 13 June at Ponds Forge Sheffield**

Boys 50m Qualifying Times							Girls 50m Qualifying Times						
10 years	11 years	12 years	13 years	14 years	Youth (15-18)	Senior (19 & over)		10 years	11 years	12 years	13 years	Youth (14-17)	Senior (18 & over)
					27.80	27.40	50m Freestyle					30.70	30.60
Via 200m	1.12.60	1.08.00	1.04.30	1.01.60	59.70	59.30	100m Freestyle	Via 200m	1.11.90	1.08.30	1.06.60	1.06.00	1.05.00
	2.49.00	2.27.90	2.20.20	2.16.10	2.14.00	2.08.70	200m Freestyle		2.49.70	2.35.90	2.27.70	2.23.80	2.20.50
	6.03.10	5.33.20	5.15.30	5.00.00	4.48.00	4.43.30	400m Freestyle		6.02.00	5.31.90	5.10.80	5.01.80	4.57.10
		11.10.00	10.30.00	10.10.00	9.45.50	9.35.00	800m Freestyle			11.10.00	10.30.00	10.10.00	9.50.50
		20.45.00	20.30.00	19.30.00	18.40.00	18.30.00	1500m Freestyle			20.45.00	20.30.00	19.30.00	18.30.00
					33.00	31.50	50m Backstroke					36.20	34.90
Via 200m	1.23.00	1.19.20	1.14.80	1.11.00	1.09.00	1.06.80	100m Backstroke	Via 200m	1.23.50	1.19.70	1.17.40	1.15.60	1.13.40
	3.10.40	2.57.60	2.50.00	2.40.70	2.28.80	2.23.10	200m Backstroke		3.09.20	2.57.20	2.49.00	2.41.30	2.36.50
					36.00	34.50	50m Breaststroke					39.40	38.30
Via 200m	1.39.50	1.33.10	1.28.00	1.25.20	1.17.80	1.14.10	100m Breaststroke	Via 200m	1.34.90	1.30.70	1.29.00	1.24.20	1.22.00
	3.46.00	3.30.90	3.21.20	3.14.70	3.02.70	2.40.80	200m Breaststroke		3.38.30	3.24.10	3.14.40	3.06.20	2.57.10
					30.80	29.50	50m Butterfly					34.00	32.90
Via 200m	1.31.30	1.21.90	1.16.50	1.14.10	1.06.60	1.04.00	100m Butterfly	Via 200m	1.26.30	1.20.20	1.17.60	1.13.50	1.11.20
	3.20.40	3.09.00	2.54.40	2.44.30	2.32.40	2.22.10	200m Butterfly		3.23.10	3.05.70	2.54.10	2.47.70	2.40.00
	3.12.30	2.58.00	2.48.50	2.40.50	2.31.40	2.25.50	200m Ind.Medley		3.10.40	2.55.90	2.47.10	2.43.40	2.43.50
	6.50.00	6.25.20	6.03.60	5.45.10	5.29.90	5.21.50	400m Ind.Medley		6.53.00	6.26.40	6.07.10	5.55.80	5.43.80

**Qualifying times must have been achieved in the time period 1<sup>st</sup> October 2009 - Entry Closing Date & be eligible for inclusion in the British Swimming National Rankings. Only such times will be accepted for entry.**

**Entries in the Female 1500m & Male 800m Freestyle may have to be restricted to prevent excessive session lengths.**

**For the 10 years 100m Events Entry Qualification is via the relevant 200m Times. Swimmers entered in these events should be entered as Yes and they will not be seeded by Entry Time**